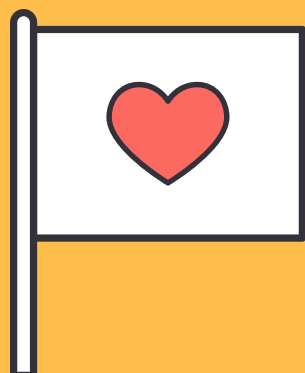




IDEAL FOR ALL

INDEPENDENT LIVING



SOCIAL GROUPS

User led groups to promote independence with disabled people living in Sandwell. Enjoy social time with others, events and trips.

last year 470 people took part in our social events



PEER SUPPORT

Self help led groups, meeting people in similar situations to you. Access information on specialist services and the issues faced by you or someone you care for.

Last year 2,481 people in friendly groups, coffee mornings and free sessions.



VOLUNTEER WITH US

Volunteer with us and share your time and skills to help others. Improve your independence, health & wellbeing, skills and employment opportunities.

Last year we had 657 active volunteers, working hard to make life better for all of us.

YOUR VOICE



Become regularly involved in the issues that affect you, other disabled people, their families and carers. Share your views on a range of important topics in a non-judgmental way.

Have your 'voice' heard and be represented



BECOME A MEMBER

We are proud to work with our 3,647 members. By becoming a FREE member you can share your views, experiences and concerns when it matters. You help us to be a powerful advocate, and support the way we design our services.